



Someone is losing their
lower limbs to **diabetes**



Dharan
Hospital

Lifeline for Limbs

A Multidisciplinary Approach
to Diabetic Foot Care

Patron

Dr.V. Selvaraja

Organizing Chairman

Dr.J. Thiyagarajan

Organizing Committee

Dr. Karthikeyan M.A

Dr.S. Dhanaraju

Dr. M. Choundappan

Dr.E. Aravindan

Dr.R. Thevya

Dr.M. Manochitra

Dr. Anitha Gunalan

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Registration

FREE



26th JANUARY 2025, SUNDAY



10.00 AM to 2.00 PM




HOTEL RADISSON, SALEM

Diabetic foot is not just a complication—it’s a crisis. As the leading cause of non-traumatic limb amputations worldwide, it underscores the need for awareness and action. Studies reveal a grim reality: patients who undergo limb amputation face a significantly lower 5-year survival rate compared to those who do not, emphasizing the severe consequences of delayed intervention.

Poor glycaemic control, peripheral neuropathy, and vascular insufficiency make individuals particularly vulnerable to foot ulcers and infections, which, if neglected, can progress to amputation. When diabetic foot affects the breadwinner of a family, the impact is profound. Beyond the physical and emotional toll, the loss of mobility can lead to severe social and economic consequences, destabilizing families and communities alike.


This CME program aims to shine a spotlight on the importance of early detection, prevention, and multidisciplinary management of diabetic foot conditions. By empowering healthcare professionals with knowledge and practical strategies, we can turn the tide on amputation rates, safeguard livelihoods, and help patients take confident steps toward better health and longer lives.

Workshop on Diabetic Foot Care : Tools and Their Application

 8.30 AM – 10 AM

Coordinators :	<div>Dr.M. Manochitra</div> <div>Dr. Akhila Bhandkar</div>	<div>Dr. M. Choundappan</div> <div>Dr. R. Thevya</div>
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Session 1 : Sugar and Sole: Mastering Diabetes for Healthy Feet

Title	Time	Speaker	Chairpersons
Stepping In : An Introduction to the Diabetic Foot	10.00 AM - 10.05 AM	Dr. J.Thiyagarajan MD, D.Diab(Boston) Dharan Hospital, Salem.	Dr.R.Shanmugam, MS(Gen Sur), Arul Jothi Nursing Home, Attayampatti, Salem. Prof Dr Suresh Kanna MD(Gen Med), FICP GMKMCH, Salem Dr Major Ravishankar MD (Gen Med) Aishwaryam Hospital, Salem. Prof Dr.M. Loganathan MD(Gen Med), GMKMCH, Salem
Step Smart : Screening and Prevention of Diabetic foot	10.05 AM - 10.20 AM	Dr.R. Thevya MD (Gen Med) Dharan Hospital, Salem.	
Balancing the Scales : Optimizing Glycaemic Control in Diabetic Foot Care	10.20 AM - 10.35 AM	Dr Premkumar MD,DM(Endocrinology) Diaplus Clinic, Salem	
<div> Discussion : 15 mins</div>			

Session 2 : The Invisible Enemy: Pathophysiology and Infections in Diabetic Foot

Title	Time	Speaker	Chairpersons
From Sugar to Suffering : The Pathophysiology of Diabetic Foot	10.50 AM - 11.05 AM	Dr Akhila Bhandarkar MD,DM (Endocrinology) K.S Hegde Medical College and Uro Health Plus Clinic, Mangalore	Dr Vijaya Raju MD (Gen Med) GMKMCH, Salem Dr.Pravin MS (Gen Sur) Karthic Medical Centre, Edapadi. Prof Dr M.Arulkumaran MS, MRCS GMKMCH, Salem Prof Dr EMJ Karthikeyan MS, DNB VMKVMCH, Salem
Infection Uncovered : Tailoring Antibiotics for Diabetic Foot Care	11.05 AM - 11.20 AM	Dr Anitha Gunalan MD (Microbiology) Dharan Hospital, Salem	
<div> Discussion : 10 mins</div>			

Session 3 : Flowing to Wellness: Vascular management in Diabetic Foot Care

Title	Time	Speaker	Chairpersons
Pathways to Healing: Vascular evaluation and Endovascular Interventions for Diabetic Foot	11.30 AM - 11.50 AM	Dr M.A.Karthikeyan MD,DrNB(EVIR),EBIR Neuro and vascular Interventional Radiologist Dharan Hospital, Salem.	Dr Arulmani MS,MCh(Vascular) Aishwaryam Hospital, Salem Prof.S.Sivakumar MS, MCh (Plastic Surgery) GMKMCH, Salem. Dr P.Santhosh MDRD,DNB,FIVR Kauvery Hospital, Salem
Rebuilding Blood Flow : Surgical revascularisation in Diabetic Foot	11.50 AM - 12.10 PM	Dr.K.Raja DNB, MCh(Vascular) SKS Hospital,salem	Dr M.Balaji MS,MCh(Vascular) VH Speciality Hospital, Salem.
<div> Discussion : 10 mins</div>			

Session 4 : Back on your feet : Wound management, Reconstruction and foot restoration in diabetic foot

Title	Time	Speaker	Chairpersons
Preventing Progression: Surgical offloading procedures in Diabetic foot ulcers and the underlying biomechanical principles	12.20 PM - 12.50 PM	Dr.Madhu Periyasamy MS(Gen), DNB(Plastic), MRCS(EDIN) Ganga Hospital Coimbatore.	Dr. R.Saravanan MS,MCh(Plastic) Ammani Hospital Dr.V.Sugavanam MS,FMAS,FIAGES(Gen Surg) Sugam Hospital,Rasipuram. Prof Dr.J. Sridhar MS,FMAS,FIAGES(Gen Surg) VMKVMCH,Salem. Dr.V. Subashini Devi M.B.BS.,F.Diab., Dhanyaa Heart and Diabetes Speciafity Centre, Salem.
Regaining the foot: Reconstruction of extensive defects	12.50 PM - 01.20 PM	Dr.M.Choundappan MS, FMAS, MCh (Plastic) Dharan Hospital, Salem	
Restoring Steps : Diabetic Foot Rehabilitation	01.20 PM - 01.35 PM	Dr M. Manochitra DCH, MD(PMR) Dharan Hospital, Salem	Dr K. Nithya Manoj MD,PMR,FIPM Balaji Robotic Rehab Hospital,Salem. Dr.R.Priyavadhana MD,DNB(PMR) DPMR Royal Care Hospitals, Coimbatore.
 Discussion : 15 mins			

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